

#WomenInvested: Navigating the New Realities



SPEAKER BIO: **Renée Peterson Trudeau**

Renée Peterson Trudeau is an internationally-recognized leadership coach, speaker and author. Her clients include Fortune 500 companies, national conferences and leadership teams. Passionate about supporting women in finding balance and well-being in everyday life, Trudeau—a parent/wife/community leader and business owner--lives what she teaches.

A sought-after life balance expert, Trudeau's work has been featured in the New York Times, US News and World Report, Good Housekeeping, AARP and more. She is the author of two best-selling books on life-balance including *The Mother's Guide to Self-Renewal: How to Reclaim, Rejuvenate and Re-Balance Your Life*.

She and her team have certified 400+ women leaders in 10 countries to facilitate self-renewal groups based on her award-winning curriculum. She lives with her husband and teenage son in Austin, TX.