

Dr. Kathy Magliato Working in Male-Dominated Fields

Please see important information at the end of this program. Filmed on 10/9/18.



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WORKING IN MALE DOMINATED FIELDS

WITH DR. KATHY MAGLIATO



Dr. Kathy Magliato

Cardiothoracic Surgeon &
best-selling author of "Healing Hearts"

In my particular field, in cardiovascular medicine, less than 3% of all heart surgeons are women.

LESS than **3%** of all heart surgeons in
the U.S. are **WOMEN**

So I'm in a really male-dominated profession.

And my advice, honestly to any woman who is in a very heavily male-dominated profession



or any woman thinking about a career in medicine is quite simply this:
Dwell in the house of yes.



What do I mean by that?

I mean that, throughout my entire career, people said no to me all the time.

No, you can't be a heart surgeon. No, you can't be a wife. No, you can't be a mommy. And, all I heard was no, no, no, no, no. Ok?



People like that will tear you down.

You need to go out there and find people who tell you yes. Yes, I can do this.



I think we have done a disservice to our young girls who are growing up because I think we hold them back from aspiring to be who they want to be because they feel like they can't be that epitome of physician or surgeon because; A, there are no role models, and B, everybody around me tells me, I can't do it. You cannot listen to those people.

I always tell those people, dwell in the house of yes, meaning surround yourself with people who tell you yes.

SURROUND yourself with
PEOPLE who **SUPPORT** you...
with **PEOPLE** who tell you **YES**

And that's how you survive a career that tends to be quite difficult, quite grueling and of course, very male-dominated.

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