

# **Dr. Kathy Magliato Working in Male-Dominated Fields**

**Please see important information at the end of this program. Filmed on 10/9/18.**

# WORKING IN MALE DOMINATED FIELDS

WITH DR. KATHY MAGLIATO

In my particular field, in cardiovascular medicine, less than 3% of all heart surgeons are women. So I'm in a really male-dominated profession.

And my advice, honestly to any woman who is in a very heavily male-dominated profession or any woman thinking about a career in medicine is quite simply this: Dwell in the house of yes.

What do I mean by that?

I mean that, throughout my entire career, people said no to me all the time. No, you can't be a heart surgeon. No, you can't be a wife. No, you can't be a mommy. And, all I heard was no, no, no, no, no. Ok?

People like that will tear you down. You need to go out there and find people who tell you yes. Yes, I can do this.

I think we have done a disservice to our young girls who are growing up because I think we hold them back from aspiring to be who they want to be because they feel like they can't be that epitome of physician or surgeon because; A, there are no role models, and B, everybody around me tells me, I can't do it. You cannot listen to those people.

I always tell people to dwell in the house of yes, meaning surround yourself with people who tell you yes.

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And that's how you survive a career that tends to be quite difficult, quite grueling and of course, very male-dominated.

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